



Camp Parent Manual 2017

Shalom Ramah Families!

BruchimHaBa'im (welcome). I am very excited to be back for my sixth summer as Director of the Ramah Jerusalem Day Camp.

I look forward to meeting all of our new and returning Ramah Campers this year for a summer of fun and excitement that they will stay with them long after the summer has reached its end.

For over 45 years, the Ramah Jerusalem Day Camp has provided quality and professional activities. One of our main goals as part of the Ramah Camping Movement is to connect between different streams within the Jewish community – religious and secular, Israelis and Diaspora Jews – while instilling the value of mutual respect.

In this Camp Manual you will find all the logistical information you and your child/ren will need to know about camp this summer. Please take the time to read it in its entirety.

Please feel free to email me our Family Liaison, Ruby Bar-Yakov sherut1@ramah.co.il or call her at 0545855739 with any concerns or questions you may have this summer.

Todayhu'Lehitraot,
Ifat Lev-Idan
Camp Director

Communication

Ramah Office: 02-966-6200

Camp Director: Ifat Lev-Idan
Email: ifat@ramah.co.il
Cellular: 0545924369

If you need to contact us during camp, please contact our coordinators:

Coordinator for K-2nd grade – Rivka Steinmetz 0523524166
Coordinator for 3rd-4th grade – Inbal Bustan 0545773575
Coordinator for 5th-6th grade – Inbal Tziperman Lotto 0547202035

Ramah Israel Office location:

8a Katznelson Street
Goldstein Youth Village, Jerusalem

The camp office is open from 8:00 until at least 15:30 each day.

For matters concerning registration or payment, please call the office at 02-9666208 or 02-966-6200.

Please feel free to contact us with any concerns, comments or suggestions. We want to work together with you to make your child's camp experience a positive one.

Each week during camp we will send out a bulletin via email to all families registered for the summer. We also send out a camp phone/address list at the beginning of each week with updated information on new campers. We have found that these lists are invaluable in helping campers and families stay in touch throughout the year. If you do not wish to be included in the phone list (name, permanent address/phone, and email only), please be sure check the appropriate box on the registration form.

The Ramah Jerusalem Day Camp 2017

July 2 – August 11

Sunday – Thursday: 7:45– 15:00

Friday: 7:45 – 12:00

[The Israel Goldstein Youth Village](#) is located in the San Simon neighborhood of Jerusalem on the corner of Rechov Katzenelson and Rechov Shai Agnon. It is accessible by the #22 and #15 [bus](#) to the School Gate.

PICK UP and DROP OFF:

- Drop off is via enter via the small gate next to the culture auditorium adjacent to the main gate of the Goldstein Youth Village.
- Pick up is via the Youth Village's High School gate next to the pharmacy at 22 Shai Agnon St. Each group will have an assigned waiting place and each child will wait with his/her group. Please make sure you let the group's madrich/a know that you have collected your child so that they will be able to check them off on the attendance lists.

ARRANGEMENTS:

If you arrange for your child to go home with someone else - a friend, relative, babysitter, or another child - please give a written and signed note to your child's counselor when signing in, otherwise we cannot release your child. If your child walks home or takes the bus on his/her own, please send a written note prior to the first day of camp so that we can release him/her from the main gate.

If someone else will be signing your child in on a **regular** basis, please submit a written note prior to the first day of camp.

***Parents who do not pick their children up by 15:10 (3:10) p.m. may incur a late charge.**

If you will be late, you must make alternate arrangements with another parent, friend, babysitter, or relative. We do not have the staff to provide emergency after-care. In case of such **emergency arrangements only**, please call Ruby Bar-Yakov, the Family Liaison at **0545855739**.



CampT-shirts

Each camper will receive one shirt printed with the Ramah Jerusalem Day Camp logo. Campers must wear their camp shirts on trip days.

Tefillot and Kabbalat Shabbat

Each morning at camp begins in the Ramah spirit with Tefillah (Morning Prayer service). Our Tefillah is filled with music and singing and led by our Coordinators. It is a mixed (co-ed) service with a combination of silent and community prayer, traditional prayer mixed with Hebrew songs.



KABBALAT SHABBAT:

Once in a while, we invite parents and other siblings to join the children at approximately 11:15 p.m in the auditorium, for a special Kabbalat Shabbat.



Packing List:

Please label all items with the camper's first and last name.

Campers should wear the following to camp each day:

- Casual, comfortable clothing. *Please dress your child in clothing that can get dirty!*
- Shoes or sandals with backs. Please do not send clogs or flip flops.
- Hat (preferably with a brim); Visors are not acceptable.
- Sunscreen (recommended)

In a labeled backpack (not a tote bag, please), campers should bring:

- Water in a bottle labeled with camper's name.
 - Campers over age 8 should be able to carry



a 750 ml bottle, while campers up to age 7 should carry 500 ml.

- Important: if your child will not drink tap water, you must send 1.5 liters of bottled water per day.
- 1 bathing suit
- 1 towel
- 1 bathing cap **required** for boys and girls with longer hair (chin-length or longer)
- Water shoes for the pool area and showers, unless wearing crocs (optional).

Campers are responsible for their own possessions. The camp is not responsible for lost articles. We recommend that you label everything that your camper brings to camp. Campers should NOT bring anything valuable to camp like Tablets (Ibads, Iphones) or any other electronic expensive devices!

CELL PHONES: (also for staff)

Israeli campers who travel to camp alone may be used to keeping a cell phone with them. However, at the Ramah Jerusalem Day Camp, the following rules apply. Please make sure your child understands them and is able to follow them before sending him/her with a phone:

- Phones must be kept off during the camp day and in a zippered compartment of the camper's backpack. You may want to provide a waterproof zippered sandwich bag for extra protection from the elements.
- We are not responsible for lost, soggy, stolen, or otherwise broken phones.
- Your child may check in with you upon arrival and before departing at the end of the day, but the phone must remain off between these calls.
- Please do not call your child during the camp day or expect your child to call you. If you need to reach your child, please contact our Family Liaison, Ruby Bar-Yakov 0545855739. If your child needs to reach you, instruct him/her to ask his/her Madrich/a to call home.



CAMP BIRTHDAYS:

We are happy to help facilitate a birthday celebration during the week of your child's birthday. Please contact the age group coordinator to determine the best time of day for the celebration and to find out what to bring.



SWIMMING:

All campers have free swim approximately three times per week. On the first day, all new campers have a quick swim evaluation to see where they may swim in the sectioned-off pools. This is followed by free swim for the rest of the 45 minute period.

***Please remember all campers with medim hair must wear a swimming cap at the Pool. The Pool's rules do not allow campers to swim without a cap. We recommend you buy one at the pharmacy located right next to the drop off gate, next to the Supermarket.**

Snacks/Meals at camp:

- Please be sure your child eats breakfast before coming to camp.
- At about 9:30 a.m. we provide campers with a kosher snack of a roll and juice drink (parve & nut free). You may choose to supplement this with a granola bar, fruit, or bag of chips. We will alert parents in advance if there are severe peanut allergies in the group.
- Ramah will provide a hot, kosher meat-based lunch each day except Friday. Vegetarian entrees must be requested on the registration form.
- If your child has severe food allergies that we cannot accommodate, we will be in touch with you about what to send. Outside food may not be brought into the dining hall without express written permission. In this case, the food must be parve.



- On trip days, we will pack our morning snack with us and return to camp in time for lunch.
- All food served by the Ramah Jerusalem Day Camp is kosher under the supervision of the Jerusalem Rabbinat.

Sample lunch menus:

Breaded chicken shnitzel (cutlet), rice, and green beans

Veg: felafel

Pasta with meat sauce, peas, and corn

Veg: vegetarian hot dogs

Hot dogs, mashed potatoes, and mixed veggies

Veg: corn shnitzel

Field Trips



The campers will take a trip to Keftzuba on 19.7 and 9.8!

The 5th-6th graders (including those not registered for the Ramah overnight camp) will be going on hiking trips on 13.7 and 3.8.

Ramah strictly adheres to the security policies established by the Ministry of Education governing all field trips for public school children and visiting youth. All day trips are cleared in advance with the appropriate authorities and again prior to each day's program and we follow all security requirements for guards. All travel is by private, chartered, air-conditioned bus.

Campers must wear their camp t-shirts on trip days! Any other specifications will be sent in a notification earlier in the week.

Campers may bring up to 15 shekels spending money with them on a trip. **If** there is a kiosk at the site and **if** time permits, we will stop for snacks. Usually we will *not* have time to visit any gift shops.

We hope that it will not be necessary, but we may change the location of the trips if there are any security issues that arise during the summer.



Medical Care and Medication at Camp

A certified medic is on duty on the Goldstein campus at all times to provide emergency first aid.

To ensure a safe and healthy summer for your child we must know if s/he has any allergies or conditions that may affect his/her camp experience. If your child suffers from asthma or serious allergies (i.e. bee stings, milk, peanuts) that may require immediate treatment, contact the director prior to the start of camp to clarify instructions in case of an emergency.

The Ministry of Health and Ministry of Education do not permit camp staff to administer medication to campers. Under no circumstances are staff permitted to administer fever reducers or painkillers, even with parent permission. Whenever possible, parents should administer necessary medication before or after camp hours.

In the exceptional case that a camper requires medication during camp hours, the **camp director/deputy director ONLY will administer the medication, provided parents supply the following:**

- 1) a written, signed and dated note from parents or guardian, including complete instructions for administering the medication.
- 2) the medication in the original pharmacy container.

The medication and the signed form must be handed to the director by the parent or guardian at morning sign-in. The container will be returned to the parent at the end of the day or week, as per parent requests.

If you have further questions, please do not hesitate to contact Family Liaison, Ruby Bar-Yakov, at sherut1@ramah.co.il.

See you soon!